

# Louisiana R-II School District Wellness and Health Committee Meeting

Date: March 28<sup>th</sup>, 2019

Time: 4 pm

Location: Louisiana Middle School Counselor's Office

## Agenda

### Introductions

Robert Spoonster- Health/Wellness Committee Updates and Program Evaluation  
Plans

Christy Anderson- Update on the Nutritional Guidelines, Nutrition Promotion and  
Education

Thomas Fallert- Update on the Physical Education Department

Jennifer House- Health Program Updates

Open Discussion

Q&A