

LOUISIANA R-II DISTRICT  
WELLNESS PROGRAM  
EVALUATION

<b>Nutrition Guidelines</b>	<b>Personnel Responsible</b>	<b>Procedure Followed</b>
School Breakfasts	Food Service Director	Yes
School Lunches	Food Service Director	Yes
A La Carte Food Items	Food Service Director	Not Offered
A La Carte Beverage Items	Food Service Director	Not Offered
Beverage items sold in vending machines	Building Principal Food Service Director	Yes
Rewards	Building Principal School Nurse Food Service Director	Yes
Celebrations and Parties	Building Principal School Nurse Food Service Director	Yes
Fundraisers	Building Principal Food Service Director	Yes

<b>Nutrition Education</b>	<b>Personnel Responsible</b>	<b>Procedure Followed</b>
Nutritional knowledge provided to students	Food Service Director Teachers School Nurse	Yes
Promotion of healthy eating to students and other staff	Food Service Director Counselors School Nurse	Yes
Recognition of nutrition-related health problems among students and staff	Counselors School Nurse Food Service Director	Yes
Assure access to healthcare	Counselors School Nurse Food Service Director	Yes

<b>Physical Activity</b>	<b>Personnel Responsible</b>	<b>Procedure Followed</b>
Provide for 50 min. of PE per week (elem.)	Elementary Principal PE Teachers	Yes
Provide for 200 min. of PE per	Middle Principal	Yes

week (jr. high)	PE Teachers	
1 unit of PE required for high school students	High School Principal PE Teachers	Yes
Physical activity - 50% of PE class time	PE Teachers Building Principal	Yes
Meet the needs of all students	PE Teachers Building Principal	Yes
Provide a variety of activity choices	PE Teachers Building Principal	Yes
Prohibit exemptions from physical activity choices	Building Principal	Yes
Provide at least 20 min. of recess per day	Elementary Principal Teachers	Yes
Negotiate with community organizations to keep district-owned facilities open during non-school	Superintendent	Yes
PE will not be withheld as a punishment	Building Principals Teachers	Yes
Discourage periods of inactivity exceeding 2 hours	Teachers	Yes
Promoting physical activity among staff	School Nurse Superintendent	Yes

<b>Other School-Based Activities - Community Involvement</b>	<b>Personnel Responsible</b>	<b>Procedure Followed</b>
Collaborate with agencies or groups conducting nutrition education in the community	School Nurse Building Principals Food Service Director	Yes

<b>Other School-Based Activities - Family Involvement</b>	<b>Personnel Responsible</b>	<b>Procedure Followed</b>
Provide nutrition information to parents	School Nurse Building Principal Food Service Director	Yes
Post nutrition tips on school website	School Nurse School Webmaster Food Service Director	Yes

Providing nutrient analyses of district menus	Food Service Director	As needed
Providing parents a list of appropriate snacks	School Nurse Building Principal Food Service Director Teachers	Yes
Providing parents ideas for healthy celebrations	School Nurse Building Principal Food Service Director Teachers	Yes
Encouraging parents to pack healthy lunches	School Nurse Building Principal Food Service Director	Yes
Supporting parents to provide children with opportunities for physical activity outside of school	Building administrative assistants PE Teachers	Yes
Providing information about PE	Building Principal PE Teachers	Yes
Sharing info about physical activity and PE via website or newsletter	School Nurse Building principal School Webmaster	Yes

<b>Other School-Based Activities - Marketing and Advertising</b>	<b>Personnel Responsible</b>	<b>Procedure Followed</b>
Marketing will be consistent with the goals of the wellness program and comply with Board policy	Building Principals Superintendent Wellness Coordinator	Yes

<b>Other School-Based Activities - Meal Times</b>	<b>Personnel Responsible</b>	<b>Procedure Followed</b>
Provide students with appropriate time to eat after sitting down for meals	Building Principals	Yes
Meetings or tutoring will not be held during mealtimes	Building Principals	Yes
Lunch periods will proceed recess (elem.)	Elementary Principal	When possible

Drinking water available to students during meals	Food Service Director	Yes
Access to hand-washing facilities before meals or snacks	Building Principals Teachers	Yes
Accommodate tooth-brushing regimens of students	Teachers School Nurse	Yes
Allow students to converse during meals	Teachers Building principal	Yes
The cafeteria will be clean, orderly, and inviting	Food Service Director Janitors	Yes
Adequate seating and supervision will be provided during meal times	Food Service Director Building principal Teachers	Yes

<b>Other School-Based Activities - Staff Wellness</b>	<b>Personnel Responsible</b>	<b>Procedure Followed</b>
Support personal efforts of staff to maintain a healthy lifestyle	School Nurse Building Principal Superintendent	Yes
Offer staff wellness programs	School Nurse Superintendent	Yes

Date Completed: April 18th, 2019