

Louisiana R-II School District Wellness and Health Committee Meeting

Date: October 25th, 2018

Time: 4 pm

Location: Louisiana Middle School Counselor's Office

Agenda

Introductions

Robert Spoonster- Health/Wellness Committee Updates

Christy Anderson- Update on the Nutritional Guidelines, Nutrition Promotion and Education

Thomas Fallert- Update on the Physical Education Department

Jennifer House- Health Program Updates, Wellness Funds, and Biggest Loser Competition

Open Discussion

Q&A