

Louisiana R-II School District
Wellness and Health Committee Meeting Minutes
Date: September 23, 2021
Time: 4 pm
Location: Louisiana Middle School Counselor's Office

Members Present: Jennifer House, Christy Anderson, Susanne Gloe and Payton House
Members Absent: Emily Calvin, Tommy Fallert, Pam Todd Watts and Bobby Spoonster
Bobby Spoonster called in by voice conference over the phone.

Meeting called to order at 4:00 pm by Jennifer House, seconded by Christy Anderson.

Last meeting minutes reviewed. Christy Anderson motion to accept the minutes as written, Susanne Gloe seconded. All in favor, motion passed.

1. Bobby Spoonster on committee updates:
 - a. No changes or updates at this time to our school policy
2. Christy Anderson reported on the Food Service Program:
 - a. No changes to regulations for this school year or next school year at this time.
 - b. The district is participating in Seamless Summer Option, which is when all children 0-18 years of age eat FREE, regardless if they are in school or not. This is just like our summer school feeding program, ANY child can come in for a meal during the designated times. Breakfast 7:30 to 8:30 and Lunch 10:30 to 1:00.
 - c. Nutrition guidelines for sodium will remain the same through June 30, 2024. Guidelines on calories and fats remain the same.
 - d. Guidelines for vegetables subgroups have not changed. We still have to serve each subgroup, red/orange, dark green, beans/peas/legumes, starchy, and other weekly.
 - e. We are still implementing offer vs. serve at High School for lunch. We offer all 5 groups and they have to choose 3 of which 1 must be a fruit or vegetable. This has helped, somewhat, on food waste.
3. Tommy Fallert sent in report on the Physical Education Department and Testing, Bobby Spoonster read it over the phone.
 - a. Physical testing is done for fall.
 - b. Fridays they are doing a walking/Intro to weight training with students.
4. Jennifer House gave the Health Report:
 - a. No changes to any policy or procedures for Health Services at this time that I am aware of.
5. Jennifer House gave report on COVID:
 - a. No mask mandate in place this school year just recommended, but they are required on school buses under the federal guidelines.
 - b. Louisiana R-II is continuing to partner with Pike County Health Department on guidelines they have set for schools when it comes to students being sick, testing positive and contact tracing with quarantining, etc...
 - c. Covid has been a big problem for the start of the school year, several students have tested positive compared to this time last school year. We are also seeing more student to student spread with students testing positive while in quarantine then we did last school year. Hoping this starts decreasing as the school year goes on.

At this time all issues have been discussed and motion made by Christy Anderson to adjourned at 4:30 pm. Payton House seconded, all in favor, meeting adjourned.

Minutes Submitted by Jennifer House