

Louisiana R-II School District
Wellness and Health Committee Meeting Minutes
Date: April 14th, 2022
Time: 4 pm
Location: Louisiana Middle School Counselor's Office

Members Present: Jennifer House, Christy Anderson, Susanne Gloe and Payton House
Members Absent: Emily Calvin, Tommy Fallert, Pam Todd Watts and Bobby Spoonster
Bobby Spoonster called in by voice conference over the phone.

Meeting called to order at 4:00 pm by Jennifer House, seconded by Christy Anderson.

Last meeting minutes reviewed. Christy Anderson motion to accept the minutes as written, Susanne Gloe seconded. All in favor, motion passed.

1. Bobby Spoonster on committee updates:
 - a. No changes or updates at this time to our school policy, waiting for the new administration to take over.
 - b. Looking to increase physical activities more in PE class verses just playing games.
2. Christy Anderson reported on the Food Service Program:
 - a. Food Service program had their review this year with DESE and was found that our wellness policy isn't meeting the standards they have set forward. Dr. Todd Smith has emailed DESE and MSBA as they are the ones that write our policies to see what we need to do to make the changes to the policy to meet the standards. We believe everything is in the policy they are asking for, just maybe not worded the way they are wanting.
 - b. Sodium and Calorie levels are going back to precovid levels so meal s will have to be adjusted to meet those needs.
 - c. At this time we are not aware of the free meal program extending into next school year.
3. Tommy Fallert sent in report on the Physical Education Department and Testing, Jennifer House read his reporting out loud.
 - a. As of April all preliminary physical fitness testing has been done at the Elementary, Middle school, and High school levels. The plan is to have all final physical fitness testing completed and ready to turn into the state by the end of the first week of May. The middle school has also continued to offer weekly weights and walking classes in the morning as exploratory opportunities.
4. Jennifer House gave the Health Report:
 - a. No changes to any policy or procedures for Health Services at this time that I am aware of.
 - b. K-12 grade Immunization Status Report was submitted on 10-11-21 to the state with all students in compliance. Due 10-15 every year
 - c. Special Healthcare Needs was submitted on 10-11-21
 - d. Special Healthcare Staffing Survey was submitted on 9-27-22
 - e. Pre-K Immunization Status Report was submitted on 1-14-22 to the state with all students in compliance. Due 1-15 every year
 - f. Anyone know of any local needs or concerns?
 - g. All Vision and Hearing screenings have been completed for the school year except any students that transfers in from now until the end of the year. Screened are Pre-K, Kindergarten, 1st, and 3rd for vision and hearing and vision only for 5th and 7th grades.

- h. An immunization clinic was held on March 4, 2022 for next year's 8th and 12th graders to received immunization needed. We had a few utilize the clinic, but wish I could get more to participate until waiting until last minute in August every year.
 - i. Last edition of the Nurse Newsletter for the school year goes out this month; does anyone have anything they would like to add to it? Or see in it?
 - j. Staff Wellness: with losing the wellness fund and Covid we haven't done anything to promote staff wellness. Thoughts on doing a wellness Biggest Loser challenge over the summer or next fall? Payouts or incentives? Decided to do a challenge in the fall, people pay to get into the contest, use that as the payouts. More information to come in the fall.
5. Jennifer House gave report on COVID:
- a. Our county is currently at a low transmission rate.
 - b. Missouri has transitions to an Endemic part of the pandemic meaning changes to the way testing is being done, reporting results to the state, reporting of active cases, etc.... At this time I believe the CDC recommendation are still the same when you have been exposed or test positive as I haven't been told any different or seen anything different.
 - c. I have only done 2 tests since the beginning of February. Currently we have no students out due to Covid, unsure about staff as I am not told about them.
 - d. We have pretty much returned to our communicable disease policy that was in place before Covid hit when it comes to sickness in the school system.
6. Program Evaluation
- a. Date was set to complete the evaluation on May 20th at 8:30 in the middle school counselor's office.
 - b. Jennifer House will send out the reminder when the date gets closer.

At this time all issues have been discussed and motion made by Christy Anderson to adjourned at 4:19 pm. Susanne Gloe seconded, all in favor, meeting adjourned.

Minutes Submitted by Jennifer House