Louisiana R-II School District

Wellness and Health Committee Meeting Minutes

Date: September 22nd, 2022

Time: 4 pm

Location: Louisiana Middle School Counselor's Office

Members Present: Emily Calvin, Tommy Fallert, Ryan Griffin, Jennifer House, Christy Anderson, Little

Tommy Fallert and Payton House

Members Absent: Pam Todd Watts, but was on video conference over the phone.

Meeting called to order at 4:00 pm by Jennifer House, seconded by Christy Anderson.

Last meeting minutes reviewed. Christy Anderson motion to accept the minutes as written, Tommy Fallert seconded. All in favor, motion passed.

- 1. Ryan Griffin on committee updates:
 - a. Ryan Griffin is now the Wellness Coordinator for the district
 - b. Changes made to the wellness policy were the outdoor air quality was removed and wording changed on the indoor air quality section.
- 2. Christy Anderson reported on the Food Service Program:
 - a. Food Service program had their review last year with DESE and was found that our wellness policy isn't meeting the standards they have set forward. The policy was reviewed and changed to meet the standards and Christy submitted the updated policy for her review.
 - b. No changes to the guidelines.
 - c. Meal service for school is no longer a free program for all students. Only if you qualify for free or reduced.
- 3. Tommy Fallert reported on the Physical Education Department:
 - a. Added a new staff member to the program, Cory Elmendorf at elementary.
 - b. No testing has been completed for this school year yet, but the 1st round will be done before the end of 1st quarter.
- 4. Jennifer House gave the Health Report:
 - a. Immunization Status Report due to the state by October 15th for K-12
 - b. Special Healthcare Needs Report is due by the end of October to the state.
 - c. No changes to any policy or procedures for Health Services that I was made aware of at this time.
 - d. Vision and Hearing screenings will start in October.
 - e. Covid Update:
 - i. The second week of school we were hit with several positive students.
 - ii. The CDC has changed the guidelines for people with Covid and exposed to Covid, we are following the current CDC guidelines.
 - f. Biggest Loser:
 - i. Looking to offer for staff after the first of the year. Staff will have to pay and will depend on how many participate as to how many places we will pay out. Will do a beginning and ending weight in.

At this time all issues have been discussed and motion made by Christy Anderson to adjourned at 4:15 pm. Tommy Fallert seconded, all in favor, meeting adjoined.

Minutes Submitted by Jennifer House