

LES Nurse News

Januray 2022

Are you checking your student before school!!

Do they have any of the following symptoms?

- A cough and/or difficulty breathing
- Loss of taste/smell
- A 100 degree or higher fever or feeling feverish
- A runny or stuffy nose and/or sore throat
- Headaches and/or body aches
- Fatigue
- Nausea, vomiting, and/or diarrhea (most common in children)
- Exposure to COVID positive person

If your student is experiencing any of these symptoms KEEP them home!!

Follow CDC guidelines if you have been exposed or tested positive.

Students must be 24 hours fever free, vomit free and diarrhea free without the use of medication before returning. Other symptoms must be improving as well before returning.

Nurse Contact Information

Question or Concerns??

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Reminders:

1. Make sure the school is aware of any Health Issues and has the proper documentation for your student.
2. Check your student's hair at least once a week. Report any findings.
3. With the temperatures getting colder and children waiting at the bus stop please make sure that your child has the proper clothing on to stay warm.
4. If you received a referral for your students vision or hearing screening. Please follow up with a healthcare professional.

Health/Wellness Committee information can be found on the school's website.

www.louisiana.k12.mo.us

Medication Administration

Medication can only be given to students if the proper paperwork has been completed. Medication has to be provided by the parents and should not be sent to school with the students.

Medication Paperwork can be picked up in any school office.

Health Tip:

Layer clothing when playing outside in the snow.

Nutritional Tip:

Make sure you are getting your Vitamin D!!